


# Community Programs






at The DEN, 5 Tara St, Morley 9375 1985



What's on	Days	Dates	Time	Cost	Booking Info	
<u>Playgroups</u>	Tuesday Thursday	School Terms Only	9.30am – 11.30am	\$5 per Session	No booking required	
<u>Playgroups With Pride WA</u> A supported playgroup for LGBTQI Parents only	Monday	School Terms Only	9.30am – 11.30am	\$4 per session	No booking required	
<u>Rock N Bop Tots</u> Interactive live music and singing for children 18mths – 5yrs	Wednesday	School Terms Only	9.45am – 10.45am	\$7 per Session	No Booking required	
<u>Happy Feet</u> Educational dance, games and fun for children 18mths- 5yrs	Friday	Continually	11.00am – 11.30am	\$9.50 per Session	No Booking required	
<u>Yoga</u> For all levels and ages	Thursday	School terms	6.00pm – 7.00pm	\$10 per Session	No booking required Please contact Natalie on 0478076841 to register	
<u>Migrant English</u> Informal class for all levels	Tuesday	Continually	10.00am – 12.00		No booking required	
<u>Read, Write Now</u> One on one tutoring for adults in Reading, Writing and Maths skills	Various	Continually			Bookings on 1800 018 802	
<u>Parent Next Program</u> ParentsNext is a program funded by the Department of Jobs and Small Business. It provides assistance to eligible parents to plan and prepare for employment by the time their children go to school	Wednesday Once a month	Continually	8am- 5pm		Please contact Communicare for enquiries	

<p><b>Signing Hands</b> 8 week courses for parents &amp; babies teaching key Auslan signs to help your baby communicate their needs and desires clearly, without crying.</p>	<p>Wednesday</p>	<p>8 weeks Starting 8<sup>th</sup> May – 26<sup>th</sup> June</p>	<p>2-3pm Babies 3-4pm Toddlers 4-5pm Kindy</p>	<p>\$200-for first time, which includes book \$175 – for existing</p>	<p>Bookings and cost enquiry call Debbie 0437 803978</p>	
<p><b>Frequency Mind Meditation</b> The meditations are VERY relaxing. The music resonates and entrains with your body on a molecular level. It is played through a surround sound speaker system allowing the frequency based sound waves to wash over and through your body.</p>	<p>Tuesday Fortnightly</p>	<p>7<sup>th</sup> May, 21<sup>st</sup> May 4<sup>th</sup> June</p>	<p>6pm- 7.30pm</p>	<p>\$20 per session \$15 concession</p>	<p>No bookings required</p>	  
<p><b>Self-esteem and Art Therapy workshops</b> A therapy group for women who have been through Domestic Violence</p>	<p>Thursday</p>	<p>6<sup>th</sup>,13<sup>th</sup>,20<sup>th</sup>,27<sup>th</sup> July 4th</p>	<p>12.00- 2.00pm</p>	<p><b>Free!</b></p>	<p>Bookings to Orana House 9370 4544</p>	 <b>ORANA HOUSE INC</b>
<p><b>My Understanding of me Domestic Violence workshop</b> A 4 week program for Domestic Violence victims.</p>	<p>Thursday</p>	<p>2<sup>nd</sup>,9<sup>th</sup>,16<sup>t</sup> h,23<sup>rd</sup> May</p>	<p>12.00 – 2.00pm</p>	<p><b>Free!</b></p>	<p>Bookings to Orana House 9370 4544</p>	 <b>ORANA HOUSE INC</b>
<p><b>Women with in Australia</b> A women's Circle that support each other. A place to nourish your spirit and strengthen your heart.</p>	<p>Tuesday- fortnightly</p>	<p>14<sup>th</sup> May 28<sup>th</sup> May 11<sup>th</sup> June 25<sup>th</sup> June 2<sup>nd</sup>,16<sup>th</sup> , 30<sup>th</sup> July 13<sup>th</sup>, 27<sup>th</sup> August</p>	<p>6.30pm- 9.30pm</p>	<p>\$10-\$12 per session</p>	<p>Bookings with Susan on 0407 995 114</p>	
<p><b>Women with in Australia</b> A women's Circle that support each other. A place to nourish your spirit and strengthen your heart.</p>	<p>Wednesday (Monthly )</p>	<p>May 1<sup>st</sup> June 5<sup>th</sup> July 3<sup>rd</sup> August 7th</p>	<p>6.30pm – 9.30pm</p>	<p><b>Free!</b></p>	<p>Bookings with Susan on 0407 995 114</p>	

More.....

<p><u>Parenting Circle of security</u></p>	Monday	29 <sup>th</sup> April 6 <sup>th</sup> ,13 <sup>th</sup> ,20 <sup>th</sup> ,27 <sup>th</sup> may 10 <sup>th</sup> & 17h June	6pm-8pm		Register 93740327	 <b>MIDVALE HUB</b>
<p>Protective Behaviours</p>	Monday	24 <sup>th</sup> June	6pm-9pm			
<p><u>Parent First Aid</u> Run by The Royal lifesaving club, a program designed to teach parents vital first aid skills for their children.</p>	To be advised	To be advised		\$20 per person	Expressions of interest 9375 1985	 <b>Royal Life Saving</b> <small>THE ROYAL LIFE SAVING SOCIETY WESTERN AUSTRALIA INC.</small>
<p><u>Biggest Morning Tea</u> Cancer Council</p>	Thursday	23 <sup>rd</sup> March	8.30-11.30am	Donations		 <b>Australia's BIGGEST MORNING TEA</b> 



**Don't forget to follow us on Facebook to keep up with all the up to date info.**

If you are interested in any of our community programs or are looking for something specific please contact us. Also if you are interested in teaching something or hiring our community room to run a program, support group or social club (strictly NO party's) please call us.



Call us on

9375 1985

**Our opening hours are**

**Mon – Fri**

**8am-4.30pm**



Government of **Western Australia**  
Department of **Local Government and Communities**